

Dr. Rohini Sharma Bhardwaj

D115, School of Health Sciences,
Indira Gandhi National Open University,
Maidan Garhi , Delhi 110068
ronnies@ignou.ac.in, ronziesaaa@gmail.com

Professional Summary

University lecturer in Nursing with goal to achieve success and brilliance overtime with ability to learn and work hard to achieve the institutional goal. My specialty area is Medical Surgical Nursing and have a keen interest in cardiovascular, critical care and holistic nursing.

Personal Information

Name : Rohini Sharma Bhardwaj
Date of birth : 31 st Dec 1982
Gender : Female
Marital status : Married
Nationality : Indian
Languages known : Hindi and English
Personal Interests : Studying

Education

1. Title of Qualification: PhD in Nursing
Institution: Indira Gandhi National Open University, Delhi,India
Period Attended: 01/01/2017 to 24/02/202
2. Title of Qualification: Certificate In Yoga
Institution: Indira Gandhi National Open University, Delhi,India
Period Attended: 01/01/2020 to 30/6/2021
Results: 1st division
3. Title of Qualification: Master of Arts in Distance Education
Institution: Indira Gandhi National Open University, Delhi,India
Period Attended: 01/01/2015 to 31/12/2016
Results: 1st division
4. Title of Qualification: Master of Nursing
Institution: Delhi University ,Delhi ,India
College: Rajkumari Amrit Kaur College of Nursing,Delhi,India
Period Attended: 15 /07/2008 to 31 /06/2010
Results: Distinction (81%)
5. Title of Qualification : BSc Nursing (Hons.)
Institution: Delhi University, Delhi, India
College: Rajkumari Amrit Kaur College of Nursing,Delhi, India
Period Attended: 15 /07/2001 to 31/06/2005
Results: 1st Division (77%)

6. Higher Secondary Education

Title of Qualification: Higher Sec. School Diploma

Board: J and K Board

Institution: Govt Girls Higher Sec.School, J&K

Period Attended: 1999 to 2001

Results: Distinction (89%)

7. Secondary Education

Title of Qualification: Secondary School

Diploma Board: J and K Board

Institution: Presentation Convent

SchoolPeriod Attended: 1989 to 1999

Results: Distinction (81%)

Work History

a. Assistant Professor-Nursing, Indira Gandhi National Open University , Delhi ,India from May 2014 to present (Full-time)

- Development and preparation of programs and courses for in-service continuous development of nurses and midwives to be delivered through online and distance education mode.
- Organized and involved in the expert committee, course writing, course designing meetings.
- Preparing course curricula, Writing units, translating units and editing course content for nursing programs.
- Maintenance and delivery of courses and programs in Nursing (neonatal, first aid, medical-surgical and critical care) at Certificate, diploma, degree and doctorate levels.
- Preparing audio-video programs as a part of blended learning.
- Revision of the programs after feedback and launching new programs after need - assessment research.
- Guiding, tutoring, invigilation, examiner, evaluator and paper setting.
- Knowledge generation by assisting students in research.
- Assist the professors and school administrators with continuous development, review, planning and outcome evaluation to measure program performance.
- Involved in teleconferencing, web-conferencing and radio counseling for the students.
- Participation in Health camps and other health awareness campaign of the institution.

b. Lecturer-Nursing, Amity College of Nursing, Amity University , Gurgaon, India from Aug 2011 to May 2014 (Full-time)

- Teacher, mentor and manager role as program coordinator Conducted Theory and

Practical sessions for the students in Medical-Surgical Nursing and Nursing Foundation area at graduate and post diploma level (B.Sc. Nursing and Post Basic B.SC. Nursing level).

- Involved with students in Medical and Surgical Wards in the hospital.
- Providing teaching by bedside clinics using case study and case presentation approach
- Guiding, tutoring , invigilation , examiner, evaluator and paper setting.
- Involved in Clinical rotation of students in wards of the hospital.
- Oversaw laboratory and clinical environments to help students advance knowledge and abilities.
- Strived to continuously update course strategies and content based on current trends and technological advancements in healthcare.
- Assessed student knowledge levels and abilities with detailed assessments.
- Contributed to educational and clinical expertise to help optimize training courses and boost student learning.

**c. Lecturer-Nursing, Anil Baghi College of Nursing, Ferozepur, Punjab, India
from June 2010 to July 2011 (Full-time)**

- Involved with students in Medical and Surgical Wards in the hospital at graduate and post diploma level (B.Sc. Nursing and Post Basic B.SC. Nursing level).
- Providing bedside clinics using case study and case presentation approach.
- Guiding, tutoring, invigilation , examiner, evaluator and paper setting.
- Involved in Clinical rotation of students in wards of the hospital.
- Knowledge generation by assisting students in research, Medical-Surgical Nursing Duties, and Responsibilities.
- Theory and Practical sessions for the students in Medical-Surgical Nursing and Nursing Foundation areas.
- Supported student educational and vocational planning to help each optimize learning strategies and reap long-term career benefits.
- Contributed educational and clinical expertise to help optimize training courses and boost student learning.
- Oversaw laboratory and clinical environments to help students advance knowledge and abilities.

**d. Nursing tutor, Acharya Shri Chander College Of Medical Sciences And
Hospital ,Sidhra ,Jammu, Aug 2005 to July 2008 (Full-time)**

- Involved with students in Medical and Surgical and Psychiatric Wards in the hospital for diploma level (general nursing and midwifery).
- Involved in Clinical rotation of students in wards of the hospital.
- Assess, plan, implement and evaluate nursing care given by students.
- Participate In-Service education programs.
- Prepared lesson plans to meet goals identified in students' individualized study plans.
- Participated in training classes to improve tutoring practices and learn new tutoring techniques.
- Motivated students towards learning and studying to build self-confidence.
- Oversaw laboratory and clinical environments to help students advance knowledge and abilities.

Publications

A. Research papers/articles published in Journals

- Bhardwaj, R. S. (2020). COMPARISON OF SATISFACTION OF DISTANCE LEARNERS IN AN UNDERGRADUATE PROGRAMME OF INDIRA GANDHI NATIONAL OPEN UNIVERSITY (IGNOU) AMONG REGIONS OF JAMMU AND DELHI. *International Journal of Research and Analytical Reviews*, 7(1), 407–412. <https://ijrar.org/papers/IJRAR2001057.pdf>
- Bhardwaj, R. S., & Koul, P. P. (2017). ONLINE ACADEMIC COUNSELING-A FUTURISTIC MODEL IN DISTANCE EDUCATION FOR HEALTH SCIENCES PROGRAMMES. *International Education and Research Journal (IERJ)*, 3(5), 564–566. <http://ierj.in/journal/index.php/ierj/article/view/962>
- Bhardwaj, R. S., & Koul, P. P. (2020). A Systematic Review And Meta-Analysis Of Effectiveness Of Breathing Exercises On Blood Pressure Of Patients With Hypertension. *International Journal of Science, Engineering and Management (IJSEM)*, 5(12), 2456–1304. https://www.technoarete.org/common_abstract/pdf/IJSEM/v7/i12/Ext_39056.pdf
- Bhardwaj, R., & Koul, P. P. (2021). Comparative Efficacy of Progressive muscle relaxation and Breathing exercises in Hypertension: A systematic review. *International Journal of Interdisciplinary and Multidisciplinary Studies (IJIMS)*, 8(2). <http://www.ijims.com/uploads/91d220e86f9286116f7c1.pdf>
- Sharma, R. (2013). Effectiveness of relaxation techniques on patients with hypertension. *Baba Farid University Nursing Journal*, 4(1), 13–20. <https://indianjournals.com/ijor.aspx?target=ijor:bfunj&volume=4&issue=1&article=004>.

B. Books and Chapters in books

- Bhardwaj, R. S. (2018a). Unit 11- Wound Care and Dressing. In *Block-1 Practical Manual-I* (pp. 172–192). IGNOU. <https://www.egyankosh.ac.in/handle/123456789/47248>
- Bhardwaj, R. S. (2018b). Unit-11 Management of Bites and Stings. In *Block-2 Practical Manual-II* (pp. 153–164). IGNOU. <https://www.egyankosh.ac.in/handle/123456789/47303>
- Bhardwaj, R. S. (2021). Unit 2- Mind Body Relationship (Brain and Behaviour). In *Block -3 General Psychology* (pp. 234–242). IGNOU.
- Bhardwaj, R. S. (2022). *Block -2 Role of Nurse in Medical Surgical Conditions* (pp. 129–298). IGNOU.
- Sharma, R. (2018a). Unit-3 Integrated Management of Neonatal and Childhood Illness. In *Block-4 Newborn and Child Health Care* (pp. 49–98). IGNOU. <https://www.egyankosh.ac.in/bitstream/123456789/48032/1/Unit-3.pdf>
- Sharma, R. (2018b). Unit-3 Management of Common Aches and Pains. In *Block-3 Skills for Management of Common Conditions and Emergencies* (pp. 44–59). IGNOU. <https://www.egyankosh.ac.in/bitstream/123456789/48057/1/Unit-3.pdf>

Scientific Papers presented

S. No.	Title of the Paper presented	Details of Conference/Seminar/Work shop/Symposia	Level	Remark
1.	Globalization and Health	International Conference on Environmental and Ecological Sustainability Engaging the Stakeholders on 4th-5th October, 2018	International	Printed in Conference proceedings
2.	Saathiya Scheme For Adolescents of India	11 th World congress on Adolescent Health from 27-29 October, 2017	International	The Indian Journal of Pediatrics Special Supplement – Vol SS-1 ISSN- 0019-5456
3.	Online Academic Counseling in Nursing	National Seminar on ICT support for Inclusive digital Learning on April 21-22, 2017	National	----
4.	A systematic review and meta-analysis of effectiveness of breathing exercises on blood pressure of patients with Hypertension	International conference on Health and Medicine (12 dec 2020)	International	-
5.	A systematic review and meta-analysis of effectiveness of PMR on blood pressure of patients with Hypertension	2 nd International Multidisciplinary Conference on Current research Trends-2021 (6-7 th March 2021)	International	--

Conference and Trainings attended

S.no.	Year	Topic of Conference/Training	Venue	Dates
1.	2022	Workshop for capacity building of faculty of Schools/academics of RCs	Virtual mode organized by NCDS IGNOU	24-25 Feb 2022
2.	2021	Orientation Workshop for Swayam Prabha Channel Coordinators	Online mode organized by COE IGNOU	May 29, 2021
3.	2020	Faculty Development Programme on 'ICT-Enabled Research during COVID Pandemic	Online mode organized by STRIDE IGNOU	17-21 August, 2020
4.	2020	Online Training of IGNOU Faculty to Develop Web Enabled Academic Support (WEAS) for the Distance Mode programmes	Online mode organized by NCIDE IGNOU	2nd June - 5th June, 2020
5.	2019	Systematic Reviews and Meta-analysis using RevMan'	Indian Institute of Public Health-Delhi (IIPH-D), Public Health Foundation of India (PHFI) Gurgaon, India	March 11-15, 2019
6.	2018	Orientation Programme (OR-94) for University Teachers	Centre for Professional Development in Higher Education UGC-Human Resource Development Centre University of Delhi, Delhi, India	9th October, 2018 to 6th November, 2018.

S.no.	Year	Topic of Conference/Training	Venue	Dates
7.	2018	International Conference on Environmental and Ecological Sustainability Engaging the Stakeholders	IGNOU, Delhi ,India	4th-5th October, 2018
8.	2017	11 th World congress on Adolescent Health	Hotel Pullman, Delhi , India	27-29 October, 2017
9.	2017	One Day training programon First Responder	National Institute of Health and FamilyWelfare, Delhi, India	15 th July 2017
10	2017	Refresher Programme on ICTs in ODL	IGNOU, Delhi ,India	6 -28 April , 2017
11	2016	Workshop on Creativityand Innovation in ODL	IGNOU, Delhi ,India	3 rd , 9-14 March , 2016
12	2016	Seminar on Best Practices in ODL at IGNOU	IGNOU, Delhi ,India	4 th January ,2016
13	2015	National Seminar onPreamble of the Constitution of India	IGNOU, Delhi ,India	November 26 , 2015
14	2014	Workshop on Student Evaluation in Open andDistance Learning	IGNOU, Delhi ,India	October 14-16, 2014
15	2014	Training course on dataanalysis using SPSS forhealth and Demographic Research	National Institute of Health and FamilyWelfare, Delhi, India	22nd -26th September , 2014
16	2013	10 th International Conference on GeriatricCare	PHD House, New Delhi, India	16 th -17 th November , 2013
17	2012	Conference on Ageing and Health	Amity University ,Gurgaon, Haryana	7th November , 2012
18	2006	IX Biennial NationalConference of NRSI	AMT Institute, Jammu	6 th -8 th February, 2006

Awards received

- Awarded University Gold medal for First-year examination during Master in Arts in Distance education programme in February 2016.
- Awarded Presidents Gold medal for coming first in Master of Nursing in 2011.
- Awarded Dr. Devraj Seth and Smt. Sushila Seth Scholarship From Delhi University in Master in Nursing programme for year 2008-2009 and 2009-2010.

Skill Set

- Clinical Skills: Worked with varied students , patients and equipments in medical surgical ward like COPD , CVA/Stroke, Encephalopathy ,MI etc, Equipment's Handled like Pulse Oxymeter , Suction Apparatus, Syringe Pumps , Nebulizer, Glucometer, Defibrillator, Infusion Pumps, Ventilators, Syringe pumps.
- Teaching skills: Student counseling, Companionship and emotional support, Thesis advisement, Classroom presentations, continuing education, Technology-based curriculum, Student progress reporting, Student records management, Student needs assessment, Student research guidance, Adult education
- Administrative skills: Tutoring, Goals and performance, Classroom management, Student advocacy, Classroom administration, Programme and course coordination
- Other skills: Curriculum development, Charting and clinical documentation, Computer skills

Memberships

Member of TNAI, NRSI and NTAI.

Declaration

I hereby declare that this Curriculum Vitae is true and correct as on 9th May 2022.

LOCATION: Delhi

NAME: Rohini Sharma Bhardwaj

A handwritten signature in blue ink, reading "Rohini Sharma", is written over a light blue rectangular background.